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## Palm Oil Free List

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### Palm oil campaign



#### Appetite for destruction

Ethical Consumer has teamed up with the Rainforest Foundation to launch a new palm oil campaign.

We've rated and ranked a host of companies based on their palm oil policies so you can avoid those contributing most to rainforest destruction.

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### The Problem with Palm Oil

Demand for palm oil has undergone phenomenal growth in recent years and is expected to more than double by 2030 and triple by 2050.

Increased production has involved the clearing of virgin forest and peatlands in South East Asia, spelling disaster for local communities, biodiversity and climate change. Indonesia alone already has over 6 million hectares of plantations.

The demand is fed by the food and cosmetics industries, and increasing for use in biofuels.

Consumers increasingly want to avoid the ingredient where possible, but it's a tricky task as it's used in so many products - more than 10% of supermarket products from margarine and oven chips to soaps and detergents.



### 'Palm Oil Free' Product List

With your help we've begun compiling a 'palm oil free' list. You can help us to grow it by:

- [emailing our News Editor address](#)
- [posting in the Forum](#)

with details of any products that are palm oil free and we'll add them to the list.

All the products listed receive our best rating for their palm oil sourcing policy. Not all are 'palm oil free', those that are not have reference to their policy in brackets.

#### Baby Food

also see our [baby food buyers' guide](#)

- Ella's Kitchen (uses organically certified palm oil)
- Plum Baby (uses organically certified palm oil)
- Peter Rabbit (PR Organics Ltd) (uses organically certified palm oil)
- So Baby
- Truuly Scrumptious (Kealth Foods Ltd)

#### Biscuits

also see our [biscuits buyers' guide](#)

- Aristan (palm oil from sustainable sources)
- Biona (Windmill) (organical palm oil from sustainable sources)

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## Cereal Bars

also see our [cereal bar buyers' guide](#)

Burton's Foods	(100% Green Palm certified)
Dove's Farm	(sustainable, organic, non GM)
GranoVita	(palm oil from sustainable sources)
Ma Baker	
Paterson's Oatcakes	
Traidcraft	(Green Palm scheme sustainable sources)

## Chocolate Bars

also see our [chocolate bar buyers' guide](#)

Divine and Dubble	
Lindt & Sprüngli solid bars	
RSPB Fairtrade & Organic	(palm oil from sustainable sources)
Traidcraft chocolate	
Windmill	(organic oil from Pro Forest certified sustainable source)

## Pet Food

also see our [pet food buyers' guide](#)

OrganiPets

## Shampoo

also see our [shampoo buyers' guide](#)

Caumie Soap company	
Faith in Nature	(some commitments, small ethical company)
Green people	(some commitments, small ethical company)
Healthquest international	(some commitments, small ethical company)
Lavera	(certified sustainable)
Lush	
Marks & Spencer	(purchases Green Palm Certificates for palm oil used in M&S products)
Natural Spa Supplies	
Neal's Yard	(certified sustainable)
Pure Nuff Stuff	
Triangle wholefoods	
Weleda	(certified sustainable from Ecocert)

## Soap

also see our [soap buyers' guide](#)

Beyond Organic skin care	
Body Shop soap	(sustainably sourced)
Earth Warrior soap	
Handmade Norfolk Soap	("from sustainable sources")

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## Ethical Consumer Palm Oil Scoring Policy

If a company uses palm oil in its products and none of the conditions listed below are met, it will lose **half marks** in **our rating system** in the categories of **climate change**, **habitats & resources** and **human rights**.

If a company is a producer or major trader of palm oil, it will lose **full marks** in these categories. This is due to the massive environmental and social impacts of palm oil production. For further information on these impacts, see reading list below.

We do not take into account future commitments to source sustainable palm oil as a result of the fact that the negative effects of palm oil production have been apparent for at least five years: The RSPO published its Principles & Criteria for sustainable palm oil production in 2005.

A company will not lose marks in the above categories if one of the following applies:

- 1) It does not use palm oil
- 2) It only uses certified organic palm oil
- 3) It only uses Certified Sustainable Palm Oil (CSPO)
- 4) It purchases GreenPalm certificates for 100% of its palm oil
- 5) It is a small company (turnover below £5 million) providing ethical alternatives that has made some commitment to sustainable palm oil use
- 6) It is a company providing ethical alternatives that avoids palm oil where possible, whose palm oil suppliers are members of the RSPO, and who provides the name of its suppliers to Ethical Consumer.

## Related Articles

["Don't buy palm oil"](#), Ethical Consumer, May/June 2010, Issue 112.

["Sustainable Palm Oil"](#), Ethical Consumer, May/June 2008, Issue 124.

## External Links

"How the palm oil industry is Cooking the Climate", Greenpeace, November 2007.

"A fresh approach to delivering sustainability", GreenPalm, 2009.

"Losing Ground: The human rights impacts of oil palm plantation expansion in Indonesia", Friends of the Earth, LifeMosaic and Sawit Watch, February 2008.

"The flow of palm oil Colombia- Belgium/Europe: A study from a human rights perspective", Human Rights Everywhere, November 2006.

"Regional perspectives on plantations: An overview on Western and Central Africa", World Rainforest Movement briefing, December 2008.

"Illegal forest clearance and RSPO greenwash: Case studies of Sinar Mas", Greenpeace, February 2009.

**Palm Oil Action**

**Rainforest Action Network**

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